

THE JOURNAL OF CLINICAL PSYCHIATRY

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**Bupropion Sustained Release as
a Smoking Cessation Treatment in Remitted
Depressed Patients Maintained on Treatment With
Selective Serotonin Reuptake Inhibitor Antidepressants**

*K. N. Roy Chengappa, Radha K. Kambhampati, Kenneth Perkins,
Rajendra Nigam, Tracy Anderson, Jaspreet S. Brar, Hari K. Vemulapalli,
Rebecca Atzeri, Pamela Key, Jasbir S. Kang, and Joseph Levine*

CME ARTICLES

**Long-Term Follow-Up and Predictors of
Clinical Outcome in Obsessive-Compulsive Patients
Treated With Serotonin Reuptake Inhibitors
and Behavioral Therapy**

**Adherence Assessments and the Use of
Depot Antipsychotics in Patients With Schizophrenia**

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OBJECTIVES AND PRETEST

The educational activity in this journal has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) to meet the needs of readers of *The Journal of Clinical Psychiatry*. There are no prerequisites for participation in this CME activity.

To obtain credit, please study the designated articles and complete the posttest.

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Date of Original Release/Review

This educational activity is eligible for CME credit through June 30, 2002. The latest review of this material was June 2001.

Educational Objectives

After studying the articles by Alonso et al. and Valenstein et al., the participant should be able to:

- Identify predictors of clinical outcome in patients with obsessive-compulsive disorder
- Review the relationship between depot antipsychotic use and compliance in schizophrenic patients with specific characteristics

This pretest is designed to facilitate your study of the material.

1. Only one of the following obsessive-compulsive symptoms has not been associated with a worse short- or long-term outcome:

- a. Contamination/cleaning
- b. Doubt/checking
- c. Hoarding
- d. Magical-content obsessions

2. Noncompliance with medication treatment usually occurs when patients:

- a. Have simple medication regimens
- b. Agree with their clinicians about the need for treatment
- c. Experience side effects
- d. Are given appropriate doses of depot antipsychotics

Pretest answers and Posttest on page 582.

Answers to July 2000 Posttest

1. a 2. d 3. a 4. b 5. d 6. b 7. d



From Print to E-ternity

As with any successful undertaking, we consider the *Journal* and our Web site, *psychiatrist.com*, to be works in progress. In all our endeavors, our staff is guided by our world-class editor and editorial board and by you, our valued readers and Web visitors. Thus, it is my pleasure to announce two enhancements, one that expands our *Journal* CME offerings and the other that strengthens the link between our print and electronic operations.

TURNING FIRST TO THE PRINTED PAGE...

Beginning with this month's *Journal*, you will find more than one CME article per issue. Instead of being located in a single section, the articles will be clearly identified and scattered throughout the *Journal*. Each month, you can earn the number of credit hours you want by choosing which articles to study.

New also this month is a CME Pretest designed to assess your knowledge base about the CME-certified articles before you read them. This will give you a baseline for your responses to the Posttest printed at the end of the *Journal*.

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A LOOK TO THE FUTURE...

We certainly can't predict what new and exciting forms of communication will emerge in the future. While uncertainty is a constant, so is our commitment to provide, in a professional and efficient manner, the worldwide psychiatric community with the important information that affects the treatment of patients.



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